

Lajna Matters

A Publication of
Lajna Imaillah
&
Nasirat-ul-Ahmadiyya USA

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Jul 15th - Oct 15th 2009

Special Features

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Holy Qur'an

O ye who believe ! fasting is prescribed for you, as it was prescribed for those before you, so that you may guard against evil. (2:184)

Hadith

A woman was running around oblivious of her surroundings (battlefield) looking for her child. She would go to any child she came across, hug and kiss the child and then move on. The Holy Prophet^{saw} and his companions were watching the woman look for her lost/missing child. Eventually when she found her child she embraced the child and sat down with the child completely at peace. The Holy Prophet^{saw} said that just as this woman was looking for her child most anxiously, oblivious of all the looming dangers, and upon finding the child sat down content and pleased, Allah is pleased more than this when His servant strives to attain

His closeness and is drawn to do good.

Writings of the Promised Messiah^{as}

It is a pity that some who call themselves Muslims at this time desire to modify these forms of worship. They are blind and are not aware of the perfect wisdom of God Almighty. These forms of worship are essential for the purification of the spirit. These people seek to intervene absurdly in a sphere of which they have no knowledge and devise false schemes for the improvement of a territory that they have not visited. Their lives are devoted to worldly affairs; of spiritual matters they have no notion. To be moderate in eating and drinking and to bear hunger and thirst are necessary for the purification of the spirit and promote the capacity for visions. Man does not live by bread alone. To discard all

thought of eternal life is to invite Divine wrath. But it should be remembered that the fast does not mean merely that a person should abstain from food and drink over a certain period. During the fast one should be occupied greatly with the remembrance of God. The Holy Prophet^{saw} occupied himself greatly with worship during the month of Ramadan. During that month one should discard one's preoccupation with eating and drinking and cutting asunder from these needs should address oneself wholly towards God. Unfortunate is the person who is bestowed material bread and pays no attention to spiritual bread. Material bread strengthens the body, and spiritual bread sustains the soul and sharpens the spiritual faculties. Seek the grace of God, as all doors are opened by His grace. (*The Essence of Islam Vol. II*)

MESSAGE FROM SADR LAJNA, USA

Dr. Shanaz Butt

Message

I hope that you have returned home rejuvenated from the 61st Jalsa Salana and feeling closer to Allah and to each other. I have received so many compliments and positive feedback from sisters who attended the Jalsa as well as sisters who attended the Jalsa from other countries and from non-Muslim guests who graced this Jalsa, Alhamdulillah! I am grateful to Allah Almighty for providing us with an opportunity to serve the guests of the Promised Messiah^{as}, and for the opportunity to come together and develop stronger bonds of sisterhood amongst us. I want to thank all the volunteers for their spirit of sacrifice, hard work and enthusiasm both before and during the Jalsa. The success of this Jalsa was made possible because of Allah's Grace and Mercy upon us, and His acceptance of our prayers and sincere efforts.

As we get ready for the month of Ramadan, we find ourselves blessed with another opportunity to come closer to Allah. During this month, let every Ahmadi woman take an inventory of her own state of *Nafs*. Instead of finding faults with others, let us look for goodness in them. Instead of arrogance, let us show kindness and compassion. Instead of indulging in idle gossip and backbiting, let us convene meetings where Allah's name is glorified. During the Blessed month of Ramadan, let us use every opportunity to become more regular in our prayers, seek Allah's forgiveness for our weaknesses, and beg Allah's guidance, Ameen.

National Correspondence



Letters from the Office of Hazrat Khalifatul Masih V^{aba}

May 8, 2009

I acknowledge receipt of your letters dated 03 and 08 April 2009, along with the enclosed booklets, Jazakamullah.

All three booklets have been clearly presented and give a detailed account of the new syllabus of Talim and Tarbiyyat for members, along with concise guidelines and advice for Khidmat-e-Khalq services. I pray that members take on board the information stated in them to further enhance their religious and spiritual knowledge.

With regards to the subject of the White House Council on women and girls, the written agenda should endeavor to provide the role of the Ahmadiyya Muslim Community and member responsibilities within society, as well as the ongoing commitment and focus the Community upholds towards the provision and progression of humanitarian needs on both a national and international basis.

May Allah Almighty enable you all to progress further with greater

successes in all future endeavors.

Please convey my salam to all Nasirat and Lajna members.

May 18, 2009

It would be worth following an idea that periodicals for our ladies should have sections dedicated to handling and answering questions related to female lifestyle many of which are directly related to religious knowledge or rather lack of it.

If this concept can be incorporated in your current magazines or newsletters, it will help the ladies especially the younger ones of a clearer understanding of Islamic ethics, dress code and other issues related to daily life style.

I hope this idea can be taken up and utilized fully, Jazak Allah.

May 21, 2009

I have received and read your activity reports for the months of January and February 2009, Jazakallah.

Your reports are well presented and clearly outline activities being

carried out in all the shobas. May Allah bless you for all your efforts and enables you to strive forward for the benefit of the Jamaat.

Please convey my Salaam to all Nasirat and Lajna Imaillah members in USA.

June 14, 2009

I have received your report of March 2009, Jazakamullah.

Your report clearly outlines the activities carried out in the various shobas in the regions. Members have been involved in the Taleem and Tarbiyyat programs and workshops, whereby a variety of religious topics have been discussed and the syllabus revised. Events held include celebration of Musleh Maud Day and Seeratanabi Day. The ongoing commitment of members in Tabligh work have been successful with five new bai'ats achieved, Alhamdolillah.

May Allah Almighty bless you all in your sincere efforts of Jamaat work.

Please convey my salam to all Nasirat and Lajna of USA.

A Letter to Huzoor on the Sad Demise of Sahibzadi Amatul Qayyum Sahiba

We, the members of Lajna Imaillah and Nasirat-ul-Ahmadiyya USA, are filled with great sorrow and loss on the demise of Sahibzadi Amatul Qayyum Sahiba, *"Inna Lillahi wa Inna Alaihi Raje'oon."*

We, the members of Lajna Imaillah-USA, individually and collectively, offer our sincere heartfelt and deepest condolences to Hazrat Khalifatul Masih V^{aba}, to all the family members of Sahibzadi Amatul Qayyum Begum Sahiba as well as to all members of the Jamaat for this loss.

Sahibzadi Amatul Qayyum Begum Sahiba was an excellent example of kindness, humility, compassion and sacrifice, and served the Lajna with great dedication in many capacities as Local Sadr, National Lajna adviser, National Honorary member and offered kind advice and reminders to Lajna with regards to improving our Talim and Tarbiyyat. Her love and concern for new Ahmadi sisters knew no bounds. All those who came into her path felt blessed to be in her presence because of her gentle love, kindness and generosity. She served the Jamaat as a supportive and loving wife of our dear Late Ameer, Sahibzada M. M. Ahmad Sahib.

We will all miss her dearly. May Allah Almighty grant her a very noble and elevated status in Paradise, Ameen.

We request prayers that may Allah enable us to remain humble and dedicated servants in the service of Islam.

Wasalam
Shanaz Butt, Sadr, Lajna Imaillah-USA

National Matters



Majlis-e-Shura 2009

The 2009 National Majlis-e-Shura for Lajna Imaillah-USA will be held, Insha Allah, from October 30th—November 1st 2009, at Ba'it ul Mahmood Mosque in Detroit, MI. The meeting will begin on Friday after Salat-ul-Jumma and conclude on Sunday afternoon (around 2PM). We are grateful to Dr. Mansoor Qureshi Sahib, Jamaat President and Humaira Ahmad Sahiba, Lajna Sadr for approving our request and thank their members in advance for their hospitality.

Submission of Shura Proposals

Select proposals from your membership that are of local and national concern. Please submit your Shura proposals online between July 15th- August 31st 2009.

Delegate's Election and Approval Process

Please read Rule # 12, page 6; Rule # 8 pages 4-5; Rule # 190, page 22; Rule # 201, page 23 from the Lajna Constitution for more clarification. A Delegate Election form should be used to submit the names that were nominated and the number of votes they received along with their contact information so that the Shura delegates can be informed of their approval as well as receive a registration form via email. Please submit the names of your elected delegates between July 15th- August 31st, 2009. Online Portal will be closed after August 31st.

Registration Information for Majlis-e-Shura

When the delegates receive an email to inform them of their approval from the National Sadr, a link to the registration form will be emailed to them directly, as well as to the local Sadr to prevent any delays in filling out the form and sending it back on time (registration deadline is October 10th). Online Portal will be closed after October 10th.

If you have any questions or concerns or difficulty in submitting the information online, please email Samrah Ahmad or Sameea Saifi at: generalaccount@lajnausa.net.

Pledge for Qadian Multipurpose Hall

Fulfilled!

As part of the Khilafat Centenary Celebrations, Lajna USA had pledged \$100,000 towards building a multipurpose hall for Lajna and Nasirat in Qadian, India. A partial payment of \$ 50,000 was made in January 2009.

Alhamdulillah! When we requested your help to fulfill the remainder of the pledge, Lajna and Nasirat-USA rose to the occasion and with your help, we successfully raised the remaining \$50,000, which was sent to Huzoor^{aba} towards the construction of this Hall.

Jazak Allah and may Allah Bless all of you abundantly for your generosity and sacrifices, Ameen.

Tehrik-e-Jadid & Waqf-e-Jadid

This is a request for every Lajna Majlis to aim for 100% participation in the blessed scheme of Tehrik-e-Jadid & Waqf-e-Jadid for the 2009 year. The Tehrik-e-Jadid fiscal year is coming to an end soon. Members are requested to pay their pledges as soon as possible, so that they do not feel too much pressure at the end of the year to pay it. Local Sadrs are requested to remind their membership to include all children in the noble scheme of Daftar Punjum.

Some Majaalis have not started collecting yet. All the secretaries should try their best to collect for these blessed schemes, Jazakallah.

Secretary Tehrik-e-Jadid—Aziza Rahman

Secretary Waqf-e-Jadid—Shazia Sohail

National Matters



61th Jalsa Salana USA 2009

Alhamdulillah! The 61st Jalsa Salana USA was successfully held from June 19th – 21st, 2009 at the Dulles Expo Center in Chantilly, VA, USA. This year, guests to the Jalsa Salana came from all across the USA and the world. More than 5,500 members attended the Jalsa this year.



The Jalsa proceedings began on Friday, with speeches being relayed from the men's side. On Saturday, the Lajna Imaillah organized the entire day's program. The program included spiritually uplifting, informative topics, presented by sisters of different ages, different professional and ethnic backgrounds, new converts, and born Ahmadis. The Lajna Saturday Session was centered on the theme of PEACE. The sessions through the day were interspersed with beautiful poems. The program included a Welcome to New Ahmadi Sisters as well as recognition of our Nasirat who had completed their first reading of the Holy Qur'an. The Nasirat got the honor of meeting Sahibzadi Amatul Rasheed Begum Sahiba, who is the granddaughter of the Promised Messiah^{as}.

Jalsa Salana is also a social event, where members revive themselves and enjoy each other's company. The Ziafat team was honored to serve meals in the Langar Khana to the guests of the Promised Messiah^{as}



over the weekend!

Many stalls, such as bookstall, food stall, exhibition, hospitality, homeopathy, first aid & Rishta Nata were accessible for the convenience of the guests. For the commemoration of the Khilafat Centenary, stalls sold tote bags and children's stories CDs. The monies collected went toward the KCC fund. This year there was a new addition to the booths. The Lajna Youth (Ages 15-22) had an exhibit displaying pictures from various camps that focused on character strengthening and inculcating Islamic teachings and values into their lives on a regular basis. The booth handed out surveys to help assess the needs and interests of the youth. Please contact your regional/local Sadr to complete a survey if you have not done so.

Alhamdulillah! Lajna Imaillah USA once again displayed great discipline this year. The arrangements in the

Children's Jalsa Gah were also improved this year. With a better Audio/Visual system, Lajna and their children were able to enjoy the proceedings of Jalsa Salana without interruptions and noise, Alhamdulillah. In an effort to go green this year, Lajna Imaillah handed out reusable canvas bags for shoes. This practice was very beneficial and reduced trash.

Jalsa Salana was a blessed event as always. The participants had the privilege of receiving a message from Hazrat Khalifatul Masih V^{aba}. Huzoor^{aba} said that we must bring a noble transformation in ourselves! Present high morals to the world, and win the hearts of the people with our good examples. He asked us to purify our souls, and adopt Taqwa. He asked us not to display morals and habits that may bring bad name to Islam. In essence, we should try to bring a purifying change within ourselves, and treat our brothers and colleagues with honor and respect. In addition, he asked us to establish a high standard of acts of worship and to put emphasis on prayers. May Allah guide us to achieve these goals, Ameen.

Lajna Imaillah USA, by the Grace of Allah, played an important role in the organization of this blessed event. May Allah shower His bountiful Mercy on all the volunteers who enabled the Jalsa activities to be carried out smoothly, Ameen.

Welcoming Our Newest Sisters to Islam Ahmadiyyat

California: Nora B .Ware, Mandy Islam, Kamila Habrat, Cherie Hakanson, Beverly Jenkins

Pennsylvania: Fatima Marces, Tahira Patheal, Valerie Long

New York: Antoinette Burt

Virginia: Madha Talab Fadhil

Wisconsin: Lealah Huntley

Tarbiyyat Matters



Truthfulness in Worship Message from National Tarbiyyat Secretary

For next quarter Lajna will be especially attending to truthfulness in worship and assessing our practice of prayer and reading and reflecting upon the Holy Qur'an. Some sermons that would be beneficial are:

- Huzoor's^{aba} Opening Address at Jalsa UK—July 25, 2008
- Khutba Jummah February 15, 2008
- Khutba Jummah February 22, 2008

The address on TAQWA continues the subject of sisterhood from last quarter (Jalsa USA sermons), which is a special focus this year as discussed at the Shura. These sermons are important and need thoughtful and careful consideration. Please listen to the complete sermons from www.alislam.org as the English translation summaries are incomplete. Choose at least two questions from the workbook to discuss the sermon(s) in a workshop or some other interactive method.

I pray that our practice of worship, prayer and reading the Holy Qur'an will be strengthened, and our love for Allah, sisterhood and UNITY will also continue to build, Ameen.

Let us become more mindful of not wasting food. Utilize the month of Ramadhan to improve in this area.

"O children of Adam! Look to your adornment at every time and place of worship, and eat and drink but exceed not the bounds; surely, Allah does not love those who exceed the bounds". (7:32)

Jabir^{ra} related that the Holy Prophet^{saw} asked for the leftovers of food on the plate and those stuck on the fingers to be cleaned while saying, "You do not know which part of your food carries the blessings."

The Messenger of Allah^{saw} said, 'The son of Adam does not fill any vessel worse than his stomach. For the son of Adam, a few mouthfuls are sufficient to keep his back straight. If he must fill it (the stomach), then let him fill one-third with food, one-third with drink and one-third with air.' Tirmizi

"According to the US Department of Agriculture, 1/5th of America's food goes to waste each year, with an estimated 130 pounds of food/person ending up in landfills. The annual value of this lost food is estimated at around \$31 billion. Roughly 49 million people could have been fed by these lost resources". (A Citizen's Guide to Food Recovery). According to a 2004 study (University of Arizona, Tucson), Americans waste 14 % of their food purchases."

This is a request to all Majaalis to become more aware of their wasteful eating habits during the month of Ramadhan.

Khidmat-e-Khalq/Tabligh/Media Matters

With Ramadhan fast approaching, here are a few things that different departments can work together to make this month a blessing for all.

- ✦ Make contact with the shelter/feeding/distribution program where you will volunteer to feed the hungry during the month of Ramadhan. Confirm the days per week that you will work at the designated shelter during Ramadhan. Involve your Tabligh, Media Watch, Ziafat and Youth teams to make this program a success.
- ✦ Submit articles to your local newspapers about Ramadhan and Eid. Involve the media press to cover your efforts at the various shelters
- ✦ Collect children's Khidmat-e-Khalq fund (Eid Gift) and send to Najmi Azam before August 31, 2009
- ✦ Invite members who do not have families for Iftaar and Eid, and give them gifts on Eid.
- ✦ Help the needy in your Lajna. Inform National Sadr at sadr@lajnausa.net if they need financial help.

Majaalis Highlights

Lajna Highlights January — March 2009

Meetings

Tajnid as of January 2009:	3,818
Total number of meetings held:	277
Average attendance:	41%
Total number of Halqa meetings:	251
Monthly reports received:	99%

Tabligh

of Bai'ats obtained: 6 Alhamdulillah!

Merced	4
Silicon Valley	1
Orlando	1

Outreach (Number of People/Guests)

People under one-to-one Tabligh:	854/month
Needy served outside the Jamaat:	973/month
Lajna served:	473/month

Average percentage of members active in

Daa'e Ilallah Committee:	447/month
Khidmat-e-Khalq:	1,078/month
Listening to Khutba/MTA:	48%
Learning Qur'an Nazira:	16%

Quarterly Recognition of Lajna Majaalis (January—March 2009)

- ‡ **Talim-o-Tarbiyyat:** Majaalis being recognized for holding many workshops and discussions to cover the syllabus and special directives: **Central Jersey, North Jersey, Las Vegas, Cypress Houston, LA East, Laurel, Orlando**
- ‡ **Tabligh:** Majaalis being recognized for conducting members' training workshops, attending interfaith events and hosting luncheons and gatherings at the mosque or at home: **North Jersey, Cypress Houston, York/Harrisburg**
- ‡ **Khidmate-Khalq:** Majaalis being recognized for serving hundreds of people inside and outside of Jamaat: **Queens, Bay Point, Dallas, New Orleans, Potomac, Silver Spring Virginia South**
- ‡ **Most Improved:** Majaalis being recognized for significant improvement in submitting timely reports, improvement in reporting, following the program and standing out in at least one area throughout the quarter: **Cypress Houston, North Jersey**
- ‡ **Attendance greater than 50%:** **Syracuse, Buffalo, Central Jersey, North Jersey, Oakland, Oshkosh, Columbus, Houston Cypress, Las Vegas, San Diego**
- ‡ **Greater than 90% listened to Huzoor's^{aba} Friday Sermons:** **Central Jersey, Charlotte, Willingboro, Las Vegas**
- ‡ **100% Qur'an Nazira Participation:** **Austin**

Inspiring Notes for Tabligh

"We Must Become The Callers To Allah" so said Hazrat Khalifatul Masih IV^{ra}....February 28, 1983 at Rabwah.

Ten Successful Methods of Tabligh by Hazrat Khalifatul Masih IV^{ra}

- Know the message is for All the believers
- Approach according to the circumstances
- Talk according to the trend of the person (accordance with human nature)
- Preach within your capabilities
- Remember different ways of talk suits different times (change approach according to situation)
- Choose the right person (appropriate selection – know "who will require lesser hard work")
- Remain constantly in contact
- Prayers are needed ("If you do not irrigate your crop, it will bear no fruit")
- Discuss (Differences will occur but argue with them with what is good...)
- Have Patience ("And endure thou with patience; and verily, thy patience is possible only with the help of Allah. And grieve not thou for them" 41:128)

Directions from Hazrat Khalifatul Masih V^{ABA} September 30, 2005

- We should spread the message of Islam to all different parts of the society
- If you are a true Ahmadi then you also have few duties....one of them is preaching

Guidance from Hazrat Khalifatul Masih V^{ABA} September 3, 2006

- Show a good example of self
 - Establish a living relationship with Allah
 - Accelerate your Tabligh efforts with proper planning, prayers and your good moral stance
 - Your faces should reflect love, affection and piety
 - Become ambassadors of Hazrat Masih Maud's Jamaat filling an obligation of conveying his message and re-establish the lost love of God
- AND, WHO SPEAKS BETTER THAN ONE WHO INVITES PEOPLE TO ALLAH AND WORKS RIGHTEOUSNESS AND AFFIRMS; TRULY, I AM OF THOSE WHO SUBMIT WHOLLY TO ALLAH... 41:34**

Are you a caller to Allah??????????????????

Nasirat Matters



Nasirat Highlights January — March 2009



Tajnid as of March 2009: **694**

Total number of meetings held: **382**

of Majaalis listening to Friday sermons: **33**

of Majaalis held Workshops: **23**

of Majaalis held Urdu/Arabic classes: **29**

Assalamolaikum

I would like to say my humble Jazakallah to all the Nasirat and their mothers for volunteering at Jalsa Salana USA. Alhamdulillah Nasirat did a great job!

During the summer time, Lajna USA is having Ijtemas, Tarbiyyati camps, classes and youth camps in different regions. Please make your best effort to attend these very valuable and informative programs. Taking pride in attending these programs will help in improving your religious knowledge and spiritual growth.

Don't forget the Nasirat report is due by the 10th of every month on the new reporting form to nasiratreports@lajnausa.net.

Wasalaam

Laeqa Mirza, National Nasirat Secretary
nasirat@lajnausa.net

Stars of the Quarter

Queens

North Jersey

Cypress Houston

LA Inland Empire

Most Improved Majaalis



Potomac

LA West

Tucson

Long Island



Holy Qur'an Completions

Iza Chaudhry	Cypress Houston, TX
Ayesha Minhas	Miami, FL
Baria Chaudhry	Dayton, OH
Aleeza Zaeem	Oakland, CA
Alina Zia	LA West, CA
Vajeaha Ahmad	Northern Virginia
Irene Amina	Dallas, TX

Qaida Completions

Tooba Salam	Columbus, OH
Mahum Ahmad	LA Inland Empire, CA
Sharosh Ahmad	Baltimore, MD

TIPS FOR NASIRAT

- ♥ Make a list of strengths and weaknesses
- ♥ Make a prayer chart and give yourself credit for praying regularly
- ♥ Avoid doing things just to "go along with the crowd"
- ♥ Practice positive self talk
- ♥ Practice good Islamic life style
- ♥ Take pride in being an Ahmadi girl
- ♥ Volunteer for Lajna work

Nasirat Matters



Old Lady's Wish

The Qur'ān is the greatest wealth, so a true Muslim will not like to see his home without this wealth. Hadhrat Hakīm Maulana Nūruddīn used to relate that there was an elderly lady who was very pious. He used to visit her from time to time.

Once he said, "Dear Lady, tell me if you need anything. I will get it for you."

She said, "Son, I am in quite a comfort. I do not need anything."

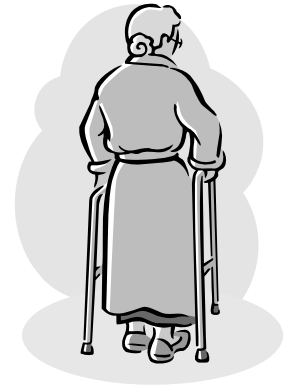
He used to say that he insisted, "You must need some thing."

But each time she said, "I am comfortable. Every peace is here. There is no inconvenience."

Then she elaborated, "We are a son and a mother, and that is all. Allah sends us two loaves of bread, morning and evening. I eat one and my son eats the other. We go to sleep on the same bed because we have only one blanket. When my side gets cold, I ask him to change sides and that side becomes warm. When his side gets cold, he asks me to change my side, and I change my side, and he becomes comfortable. We do not need anything."

He used to relate, "Yet I insisted, 'Let me know if you need anything'."

She said, "Due to my advanced age, my eyesight has become weak, and I cannot read comfortably the copy of the Qur'ān I have. If you must give me something, then give me a Qur'ān written in large print so that I may read it easily."



For a believer, the greatest bounty is the Holy Qur'ān.

Al Hilal—What We Celebrate

As American Muslims we celebrate special Muslim occasions and even share some that are culturally good with our wider community. For this issue, we encourage Nasirat and Atfal to write (in their own words) about special Holidays and celebrations they enjoy with their families, friends and community. As always we welcome original art work, poetry, short stories and editorials. Parents please help your children develop their writing skills by allowing them to submit their own authentic work.

Submissions should be sent to thealhilal@yahoo.com ASAP. Please include name, age, Jamaat and contact phone number when submitting articles so editors may contact the writer if further clarification is needed.



TIPS FOR PARENTS (BRINGING OUT THE BEST IN KIDS)

- ☞ Have regular home discussions regarding the progress in Nasirat work and show interest in what she is doing. Ask questions and be a good listener.
- ☞ Make a real effort to spend more positive time with your child than you already do. Try to do things together which your daughter enjoys.
- ☞ Monitor the television shows your child watches and reduce the amount of TV watched. Encourage daily recitation of the Holy Qur'an.
- ☞ Set reasonable rule and limitations for activities.
- ☞ Help your child learn and practice positive ways to handle anger, frustration and disappointment.
- ☞ Try giving your child five positive comments for every negative comment.

National Matters



The Summer Issue of Ayesha Magazine is now available!

The 2009 Summer Issue of Ayesha Magazine, “2008 Election Issues: An Islamic Perspective” is in circulation now for your membership, and for sharing with friends and colleagues! If you have not yet seen it, please pick up a copy.

Our 2009 Winter Issue of Ayesha Magazine will be dedicated to Sahibzadi Amtul Qayyum Sahiba

We are now seeking articles which will be dedicated to: "**Sahibzadi Amtul Qayyum Sahiba**". Please send your personal recollections, historical information, and photos (in Purdah only) regarding her life. We will try to make special arrangements for material that needs to be translated. Please forward material by September 15, 2009, Jazakallah.

Ruqaiya Asad—Editor Ayesha Magazine
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Jazak Allah for your contributions!



Excerpts from Huzoor's Sermon about Sahibzadi Amtul Qayyum Sahiba June 26th, 2009 (www.alislam.org)

Huzoor remembered Sahibzadi Amtul Qayyum Sahiba, who passed away a few days ago. She was the second daughter of Hadhrat Musleh Maud^{rz} and wife of Late Sahibzada Mirza Muzaffar Ahmad Sahib. She was born in 1916 and took her *Maulwi Fazil* (Islamic scholarship) as well as passed F.A examination. She served as Sadr Lajna Washington, USA for four years. Hadhrat Khalifatul Masih III^{ra} appointed her as an honorary member of the USA *Majlis-e-Mashawarat*.... She was most charitable and regularly supported widows and orphans. She also gave to various international charities. She offered her Salat with deep devotion. Huzoor said he had the occasion to witness her offering her Salat many times. She had a special bond with God. Despite her husband's high office she was most humble and modest. In their condolence letters to Huzoor many women have expressed about her humility. She had a great sense of honor for religion and for Khilafat. She was very particular about her Purdah and if she did not recognize a visiting youngster relation she would maintain her Purdah until the introduction was made.... She had a particular love for Khilafat. Hadhrat Khalifatul Masih III^{ra} was her elder brother but she had a very special bond with him as the Khalifa of the time. Hadhrat Khalifatul Masih IV^{ra} was her younger brother, yet after his Khilafat she showed him the utmost of respect. During the first Jalsa Salana at Islamabad Tilford, she was told that Huzoor was asking for her. She promptly got up and started walking and the person who was to accompany her had to run to catch up. Huzoor said this is reminiscent of her maternal grandfather (Hadhrat Khalifatul Masih I) who would run when beckoned by the Promised Messiah^{as}.... Huzoor said she was very close to her father. On her marriage he wrote to Sahibzada Mirza Muzaffar Sahib that he had cared for his daughter like one cares for a blister on one's palm... and now he entrusted her to him. If she was pained in any way he would not be able to bear it. This is the model that the families who have conflicts should observe. When they bring someone else's beloved daughter into their family, they should be most careful about her feelings, mindful that she is someone's daughter.... Huzoor read a couple of Urdu poetic verses that Hadhrat Musleh Maud^{rz} wrote on the occasion of his daughter's marriage. They broadly translate as:

May His love never diminish His connection never breaks;
No matter who else breaks off His devotion is never abandoned.

...Huzoor said someone has written to him from USA that twenty five years ago they dreamt hearing a voice that said 'Bibi Amtul Qayyum is a *waliullah*' (friend of God, saint). Huzoor said she indeed had a deep relationship with God and was very pious. This was only because she always put the teachings of her great father in practice. May God elevate her status, Ameen.

Mark your Calendars



Department	National Officer	Deadlines
Tajnid Updates	Shehla Haider—Tajnid@lajnausa.net	ASAP
Youth Camp Photo Submission	Ruqaiya Asad—Youth@lajnausa.net	N/A
Ramadhan Begins		August 22 nd
Khidmat-e-Khalq (Children's Eid Gift Fund)	Najmi Azam—Naibmaal1@lajnausa.net	August 31 st
Submission of Shura Proposals	Locals Sadrs/Online Portal	August 31 st
Delegate Election & Approval	Locals Sadrs/Online Portal	August 31 st
Eid-ul-Fitr		September 20 th
Shura Registration	Online Portal	October 10 th
Lajna Monthly Reports	Sendreports@lajnausa.net & Regional Presidents	10 th of the following month
Nasirat Monthly Reports	Nasiratreporting@lajnausa.net & Regional Presidents	10 th of the following month

REQUEST FOR PRAYERS

- ☞ Respected Huzoor^{aba} & family
- ☞ Respected Ameer Sahib & family
- ☞ Sister Tazeen Ahmad & family

ANNOUNCEMENT

☞ **East Coast Ijtema Postponed:** Unfortunately Lajna Imaillah will not be able to hold it's Ijtema at Masjid Baitur Rahman from August 14-16, 2009. Due to the continuing construction going on at the Masjid, postponing the Ijtema temporarily would be the best suited. Inshallah, We will try to find some time after the construction is complete and when the building has been certified for occupancy.

Health Matters—Joints Remedy

1 teaspoon dill seeds (soya seeds)
6 teaspoons turmeric (haldi)

1 teaspoon methi seeds
6 teaspoons ginger powder (sonth)

½ teaspoon ajwain
6 teaspoons castor oil

1. Grind dill seeds, methi seeds, and ajwain. Add Haldi and ginger powder.
2. Microwave for 1 minute. Mix and microwave for another ½ minute.
3. Add castor oil and mix.
4. Take ½ teaspoon and make small (pea size) balls/tablets.
5. Take 2 balls in the morning before eating and 2 in the evening for 15 days.
6. Then take 1 in the morning everyday.
7. Swallow with a little milk/water/or anything that you are comfortable with.



EDITOR'S DESK

Lajna Matters has enjoyed almost 8 years of publication. It has become a regular quarterly publication and has evolved through many changes based on the needs of the time. Masha Allah, due to the amazing growth we have seen within Lajna Imaillah-USA, we have tried to come up with more efficient ways to provide you with a snapshot of what is happening around the country. We hope that you will enjoy reading the newsletter. Your feedback and input is greatly appreciated. The Lajna Matters team would like to thank all those who have sent timely announcements for this issue. We look forward to **your contributions and feedback** for the July 2009 issue by **September 10th, 2009** to lajnamatters@lajnausa.net.

Editors: **Asma Siddiqui, Samrah Ahmad**
 Managing Editor: **Dr. Shanaz Butt**
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Lajna Matters is a quarterly publication and is mailed to all regular chanda-paying members. If you are not receiving the newsletter, please contact:

Lajnamatters@lajnausa.net and cc:
Tajnid@lajnausa.net

The editorial board reserves the right to use their discretion in editing & publishing any information.

We humbly request your prayers, Jazakamullah.



Lajna Matters

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 necessarily the views of
 The Ahmadiyya Muslim Community*

"I will give precedence to my faith above all worldly objects"

Guide Posts

Once there was a lady suffering from general ill-health. She was advised to move to a warmer climate from where she wrote letters to her friends extolling the lovely weather, beautiful scenery and luscious fruits. She wrote in glowing words about the variety of tempting fruits. However she always referred to her lack of appetite. Later news was received that she had died despite the abundance of health building fruits. She did not die from the absence of nourishing food but from the want of appetite. So it is with many of us. We live in the midst of abundant spiritual guidance but we have no appetite for it. God has provided us with heavenly nourishment but most of us do not hunger for it. Only those with spiritual appetite assuage their hunger with God's heavenly fruits which sustain them not only for the moment but during the days that lie ahead [...] He who earnestly seeks to appease his spiritual hunger constantly seeks and absorbs spiritual food. He feeds his mind with holy thoughts and incessantly strives to improve his character which he regards as his first duty. This is the central aim of life. His innermost desire is to climb higher and higher in holy living and he perpetually strives to better himself towards this end being aware that it requires of him attention, effort, sacrifice and prayer:

Beauty and truth and all that these contain,
 Drop not like ripened fruit about our feet;
 We climb to them through years of sweat and pain.

By Bashir Ahmad Orchard