

**Quarterly Discussion Topics on Family Life
Domestic Issues and their Solutions
Excerpts from Addresses given by Khalifat-ul-Masih V^{ab}**

As-Salamo 'Alaikum Dear Local Sadrs and Tarbiyyat Secretaries,
I hope and pray that you are all well and in good spirits.

Please find attached the **Talking Points for Quarter 4** of our proposal 1 on **Family Life** implementation work. Kindly find a time to hold a separate Lajna meeting some- time between now till the end of December to engage members in this most important discussion using the book **Domestic Issues and Their Solutions** (pages 95 - 124).

Jazakallah to all those who have sent me your reports on your **Family Life Meetings** that you have held so far. If you are still on Quarters 2 and/or 3 please hold those discussions first before coming to Quarter 4. Kindly continue to send me your report after each Quarter's meeting including:

- the main points of your discussion from the book,
- the Practical Tools that you used,
- the number of members that attended
- any feedback from the members.

If you have any questions or concerns regarding this material please don't hesitate to contact me: Saliha Malik email honorary4@lajnausa.net. Wa Alaikum Salaams.

Quarter 4 :

Some Causes of Marital Problems: Levelling Accusations and Ill Treatment of Wives; Greed and Lack of Sense of Honor in Husbands; Unfair Demands; Eyeing Wife's Wealth and Property.

Significance of Haq Mehr: Abiding by Promises and Payment of Haq Mehr; Wife's Rights Regarding Haq Mehr (Pages 95 – 124).

Holy Qur'an:

Surah An Nisa, 4:20

"...and consort with them in kindness; and if you dislike them, it may be that you dislike a thing wherein Allah has placed much good."

Talking Points

- ❧ Huzoor^{ab} draws our attention to several destructive causes of marital problems in these pages (95 – 124) of '**Domestic Issues and Their Solutions.**' What guidance for us and what solutions to these issues does Huzoor^{ab} provide?
- ❧ Please discuss the significance of *Haq Mehr* and the proper observance of *Haq Mehr*.

Practical Tools:

- ❧ Analyze conversation styles / Improve listening skills and emotional Intelligence by using **Part 3, slides 17 – 24** of the PowerPoint **Proposal 1 Practical Tools**, which introduces **Non-Violent Communication** and illustrates it with one scenario.

NOTE: If your Majlis has already covered this section of **Practical Tools**, please either continue to the next section or review a part that you have discussed before. This work requires a lot of repetition in order to bring the proper awareness and make good changes in our communications and emotional intelligence.